












FAST PITCH SOFTBALL SKILLS CLINIC



COME AND LEARN THE FUNDAMENTALS OF FAST PITCH SOFTBALL WITH THE BHS TEAM AND STAFF!

-  **Who?** Girls ages 7 – 14
-  **Where?** Northwestern Primary School Gym
-  **When?** Saturday, March 12, 2011
Bring your glove (fast pitch bat & helmet if you have one.)
-  **What time?** Noon – 2:15PM for offensive and defensive skills
2:15 – 2:45 for pitching/catching skills
-  **Cost?** \$20 per player. *Each player will receive a Blackhawk softball clinic tee!*

Fundamental skills that will be taught at the clinic:

-  Proper throwing technique
-  Proper hitting technique
-  Proper fielding technique
-  Proper bunting technique
- Base running
- Fast pitch pitching techniques (according to experience)
- Fast pitch catching techniques (according to experience)

Pre-Register using form below: by March 5th to ensure proper tee shirt size.

Need more information? Call Anita at 724-728-0236



----- Cut here and return only the bottom portion -----

Name: _____ Age: _____ Address: _____

Phone: _____ Emergency phone: _____

Email: _____

Circle shirt size: Youth M Youth L Adult S Adult M Adult L Adult XL

Make checks payable to: *Blackhawk Softball Boosters Club*
Mail check & registration to: *Anita Alberti, 118 Matthews Drive, Beaver, PA 15009*

INSURANCE AND LIABILITY WAIVER

I approve of my child's attendance at the Blackhawk High School softball team clinic, and certify that she is in good health and able to participate in clinic activities. Blackhawk High School and its coaching staff shall not be liable for injuries during the clinic.

X _____
Parent or legal guardian signature

date